

LEESA MAHER has top beauty tips for brides.

# AFA's featured in 'IMAGE' Magazine

**IMAGE, Ireland's magazine of the year 2003, is always keen to sample the latest beauty treatments and products available on the market. Upon the invitation of the Eden Beauty Group, an Image employee completed a six week course of AFA Facials Peels in combination with the home care AFA Gel. They were absolutely delighted with the results, noticing a significant reduction in photo-pigmentation marks and a reduction in fine lines and wrinkles. But don't take our word for it, see what they had to say for yourself.....**

boost radiance and lighten fine lines. Another fabulous skin treatment, brand new to Ireland, is the **AFA program**, a cosmeceutical system that boosts the skin's own moisture retention. A 50-something friend who tried it out at **Eden Beauty Group**, a lovely new salon, swears smile lines from nose to mouth have definitely softened, and sun spots have faded. Previously only

administered by dermatologists and cosmetic surgeons, the programme is a step up from traditional beauty treatments. Developed by the late American dermatologist Dr Marvin Klein, who invented the TCA mask (a type of deep chemical peel), the treatment combines in-salon peels with home care. After working with TCA and glycolic acids, and discovering some people reacted to them, Klein decided there had to be a way to get the same potency, without the reactions. And this is it. AFAs (Amino acid Filaggrin-based Antioxidants) are based on amino acids, found in skin, and are the main moisture-retaining factor. "Most clients who use AFA gels will notice skin retains more moisture almost immediately," says Susan Fox of Eden Beauty. The main benefits are firmer, tighter skin; increased moisture levels, reduced appearance of fine lines and wrinkles; fading of age spots and pigmentation; improvement in acne and scarring; refined pores; and reduced whiteheads. A course of six peels (€55 a session) is recommended, followed by a monthly top-up. Best of all, there's no stinging, no redness or peeling, and it's gentle enough for sensitive skin. Speaking of sensitive skin, sufferers really must try **Ren**. At Nue Blue trio, the range quite simply, blew me away when I popped in the other day for a Ren mini-facial (€60, 30 minutes). With potent plant extracts but no unfriendly synthetic ingredients, the products smell fab and the clean packaging looks great in a white bathroom. Sample the heavenly Rose Complex Moisturiser (€46.50). great for normal

efficiently recently business sisters (a introduce at **Nue B** ones in In A bouncy ing is the follicles ar rience, las "Clients w waxing be insists. An hair at all c for general experience male Brazil just as con the trauma I'm heading **Farm** for a (€90, 85 m hula-like mc rhythmic ma phatic, imm ment is basi loving yours such nice ary pre-wed

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